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24 Hour Hotline: (909) 626-HELP (4357)
(626) 966-4155

Website: www.projectsister.org

Make a difference! Support Project Sister.

services we provide...

Sexual Assault Crisis

- 24 hour HOT-LINE**
Immediate confidential crisis assistance from trained volunteer advocates.
- Accompaniment/Advocacy**
Trained volunteers are available to support and advise survivors of sexual violence and child abuse at the hospital, police station and court appearances.
- Information and Referral**
Information about medical options or reporting an assault and referral to appropriate agencies.
- Counseling Services**
Counselors are available for all ages, female and male survivors and their families.
- Support Groups**
Support groups for adult and teen survivors of sexual assault and childhood molestation, families and significant others of survivors of sexual assault and child sexual abuse.

Sexual Assault Outreach & Prevention

- Community Education Programs**
Educational programs are provided for local service clubs, church groups and other professional organizations.
- Senior Citizen Education**
Rape awareness and personal safety programs are provided to local senior citizen centers and organizations.
- Teen/Young Adult Education**
Rape prevention programs for junior and senior high schools as well as colleges.
- Child Abuse Education**
Programs for local preschool and elementary school teachers and parents on how to develop awareness skills.
- Awareness/Self Protection Education**
Instructors teach groups of women personal safety skills needed to protect themselves against sexual assault.



Winter 2012 Newsletter

prevention education...can we afford to lose it?

Los Angeles, CA : On September 30, 2011 a teenage girl is fatally stabbed allegedly by her ex-boyfriend at school, just three days after he had been released from jail for making criminal threats towards her (LAVeekly.Com:19 Oct.2011). Pomona, CA: A teenage boy was shot and killed at the intersection of Laurel Ave and Huntington Blvd. Although the motive was not clear, family members stated that he had been having trouble with bullies at his school (klla.com: 26 Jan.2011). Diamond Bar, CA: A Lorbeer Middle School history teacher is facing 17 felony charges including lewd acts with a child, unlawful sex with a minor and oral copulation with a child under 16. This teacher was arrested after the assistant principal alerted Sheriff officials about an alleged relationship between the 41 year old teacher and a 14 year old student (klla.com: 18 Oct.2011). These are examples of the constant encounters children have today that could have been prevented. Kids are facing more and more challenges every day as they struggle to fit in, get by, or even just survive in today's chaotic society. The single, most important tool that children

and parents need in order to survive in today's society is knowledge. Project Sister Family Services (PSFS) takes pride in giving children and parents the knowledge necessary to fight back and overcome daily struggles. Through our prevention department children are exposed to a variety of classes including, but not limited to: dating violence awareness, bullying prevention, self-defense and teen/tween healthy boundaries. Sadly, these battles are escalating in the midst of a continuing economic breakdown. California is facing a 25 billion dollar deficit and budgets from the State right down to local nonprofit organizations are being trimmed or cut altogether. In addition, the Senate Appropriations Committee has recently announced that all federal funding - approximately \$17 million - for Youth Violence Prevention Programs is being cut from the budget of the Center for Disease Control, the primary funder of these social programs. Last year the PSFS Prevention Department served 33,156 children, adolescents, college students, parents, and other individuals in the community many of whom are at high risk of suffering from the devastating effects of sexual assault and child abuse. It seems unlikely that funding for Youth Violence Prevention Education will be fully restored to the federal budget. Subsequently, our ability to deliver sexual assault prevention education services will be greatly affected and our children will, in turn, suffer the consequences.

Just this year PSFS has sustained a \$27,400 loss of prevention education funds. And once the 2012-13 budget cuts take place, we will be further challenged to maintain the high level of services to which our community has become accustomed. PSFS wants to continue to provide sexual assault prevention education presentations in order to stop the next child from getting bullied, molested, or dying tragically at the hands of a perpetrator. Project Sister Family Services sincerely appreciates your support and encourages you to give generously to save our Sexual Assault Prevention Education Program.

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save the date
April 28 Healing the Heart 2012

healing the heart 2012, honoring our volunteer advocates

Save the date for Healing the Heart 2012 Fundraising Dinner and Silent Auction! We will be celebrating 40 years of providing sexual assault crisis intervention and prevention education services to the community. Please join Jonnie Owens, Honorary Event Chair, in paying special tribute to our Volunteer Advocates who are without a doubt the life blood of our organization. Ms. Owens has a long history of community volunteerism and a sincere dedication to diversity and human relations. Laura Darshan will be returning this year as the evening's Emcee and Spin Master. Ms. Darshan's musical stylings and enthusiasm wowed last year's attendees and we have invited her back by popular demand!



Jonnie Owens
Honorary Event Chair

Healing the Heart gives us the opportunity to reflect upon our ability to give hope and dignity to survivors of sexual violence and child abuse in the East San Gabriel and Inland Valleys. This past year we were able to assist 34,486 individuals in all of our services and programs!

In addition to our usual silent auction, we will be offering an opportunity drawing for a Southwest Airlines ticket that is good for any destination in the continental United States. Tickets will be sold prior to the event at the office and on our website www.projectsister.org and you do not need to be present at the event to win this fabulous prize! Opportunity drawing tickets cost \$5.00 each or 6 tickets for \$25.00.

We hope that you will join us on this very special occasion. Tickets are \$95 each, and purchases of reserved tables and program advertisements are available. Sponsorships are also available at many levels, and donations of interesting items for auction are welcome. All proceeds from our eleventh annual fundraising dinner and auction will be dedicated to our programs for survivors of sexual assault and child abuse.

Project Sister Family Services hopes that you will join us in honoring our Volunteer Advocates in 2012! This year's event will be held from 6 until 9 p.m. on Saturday, April 28, 2012, at the Kellogg West Conference Center and Lodge on the campus of Cal Poly Pomona, 3801 West Temple Avenue, in Pomona. Additional information and sponsorship opportunities are on the following page. If you are interested in purchasing opportunity drawing tickets, making a donation or obtaining additional information, please contact Linda Aguirre at 909-623-1619 or laguirre@projectsister.org.



Laura Darshan
Emcee & DJ



2011 Silent Auction Photos



KTLK hosts PSFS and Survivor

Los Angeles County Department of Mental Health invited Julie Boynton, PSFS Executive Director, and Millisa Thomas, author of *Can You Keep a Secret?* (not shown in photo), to participate in the radio show, *Free Your Mind Projects*, on the subject of sexual assault. *Free Your Mind Projects* is a weekly show that provides information about various mental health issues of the day and shares real-life stories from individuals who are experiencing their own journeys of hope, wellness and recovery. Ms. Boynton spoke about the work of Project Sister Family Services and Ms. Thomas shared her personal story of sexual assault and recovery.

The show aired in two parts on December 18 and 25 and podcasts are available at www.freeyourmindprojects.com. *Free Your Mind Projects* airs on KTLK, 1150 AM every Sunday morning at 7:30 a.m.



healing the heart 2012, honoring our volunteer advocates

Project Sister Family Services (PSFS) presents healing the heart 2012 honoring our volunteer advocates

With Dinner, Auction, Music, Friends and Fun!
Saturday, April 28, 2012, 6-9 p.m.

Kellogg West Conference Center and Lodge
(Cal Poly Pomona, Campus)

3801 W. Temple Avenue, Pomona, CA 91768

Master of Ceremonies and DJ, compliments of Laura Darshan

Tickets: \$95
Reserved Table for Ten: \$950

Sponsorship Opportunities:

Include recognition in PSFS newsletter, website, press releases and event program.

Diamond Event Sponsor - \$15,000

Two page centerfold ad
Two reserved tables of ten

Ruby - \$10,000

Full page front inside or back cover ad
Two reserved table of ten

Sapphire - \$5,000

Full page ad
Reserved table of ten

Emerald - \$2,500

Half page ad
Reserved table of ten

The following sponsorships include program and website recognition.

Amethyst - \$1,500

Quarter page ad
Four (4) event tickets

Pearl - \$600

Business Card Ad
Two (2) event tickets

Topaz - \$1,000

Business Card Ad
Two (2) event tickets

Opal - \$300

Program Recognition
Two (2) event tickets

Additional Opportunities to Help PSFS

Program Advertising Opportunities:

\$800 Full Page
\$600 Half Page
\$400 Quarter Page
\$200 Business Card

Full Page 4.5W x 7H	Half Page 4.5W x 3.5H
Business Card 3W x 1.75H	Quarter Page 4.5W x 1.75H

All program advertisements should be emailed to laguirre@projectsister.org, please reference Healing the Heart 2012 in the subject. The deadline for advertisement artwork is April 18, 2012.

In-kind Sponsors

Printing of Healing the Heart Invitations (\$2500)
Postage for Mailing Invitation (\$500)
Wine for Tables (\$400)
Corkage Fee (\$400)

All In-kind Sponsors will be given two complimentary tickets to the event and acknowledged in our program, on our web site, and in news articles. In addition, the wine and corkage sponsors will be gratefully acknowledged on labels placed on each bottle.

Silent Auction Donations

The following are a few examples of new items that can be used for our auction. Any donation is appreciated.

Baskets, Non perishable foods, movie tickets, gift cards/certificates, bath items, kitchen items, hair products, wine, wine glasses, coffee, mugs, hotel vouchers, beach items, towels (bath or kitchen), candles, golfing packages, electronic items.

Name _____ Address _____

City _____ State _____ Zip _____ Telephone _____

I cannot attend, but I would like to make a donation of \$ _____ OR auction donation of: _____

Sponsorship level: Diamond Ruby Sapphire Emerald Amethyst Topaz Pearl Opal

Number of tickets at \$95 _____ Number of tables of ten at \$950 _____ Amount enclosed: \$ _____

Please make checks payable to Project Sister Family Services and mail to P.O. Box 1369, Pomona, CA 91769

Please bill my: MasterCard Visa American Express Card # _____ Expiration date: _____

Name as on card: _____ Signature: _____

ask Dr. Cristalle



Cristalle Sese, Psy.D.

is a Licensed Psychologist working at Project Sister Family Services. She earned her Doctoral Degree from the California School of Professional Psychology, Los Angeles. She has a significant amount of experience working with people who have experienced sexual trauma and abuse. For questions, please email her at csese@projectsister.org

Dear Dr. Cristalle,
Last summer, my sister revealed that she was molested back when we were children. It has been over 3 decades since it happened, but she has been very sad lately. She told our mother, our siblings, and me. Our mother didn't deal with it well—she said she didn't believe it and now she refuses to say or hear anything more about it. She will literally walk out of the room if it comes up! My siblings and I have tried to talk to our sister about the abuse, but she can barely even start to share about it before she starts tearing up. We don't want to hurt her by bringing it up, but we don't want to be like our mom and ignore it. How do we balance that? Is it pushy to make her talk about it even though it is making her cry? Or is it better for her to just get it all out? We all agree that we want to be there for her, we just don't know how to.

-A Worried Sister

Dear Worried Sister,
Being considerate of your sister's needs is an important part of supporting her during this rough time. Even though it has been years since the abuse, her pain might feel raw after having brought it forward in your family. She will likely have feelings about it, and that's expected. Being attuned to your sister while still allowing her to have an emotional reaction can help her know that you are there for her. This might mean letting her cry or get angry and still staying present for her. You don't have to force her to talk. Let her know that you are available when she needs you, and if she does come to you, listen to her with a kind and compassionate ear. Suggesting that she go to therapy might be appropriate, as it can give her another safe space to work through all of her thoughts and emotions. If you start to worry about her because her emotional reaction seems to veer down an unhealthy road (for example, she starts to drink heavily or isolate herself from others), therapy or other community resources are helpful resources to seek. You might also have feelings about what happened. This can be a difficult time for your whole family, especially if the dynamic has become conflicted. Be thoughtful about taking care of yourself, as it will be hard for you to be helpful to your sister if you are overwhelmed or burnt out. Project Sister Family Services has therapy services to assist survivors and their family members in a time like this.

Dear Dr. Cristalle,
I have a lot of girlfriends. We all took a self-defense class together, but we realized over a recent discussion that no one would know what to do in case someone were assaulted despite our caution. We think that people don't talk about it because they're afraid to "tempt fate," but it can't be good that no one of us knows what to do in case someone is ever assaulted. It would be important to know not just for ourselves, but for loved ones too. My friend shared that her aunt was assaulted a few years ago, and when she ended up going to the police a couple of weeks later they said that they would not be able to get much evidence to help an investigation. This crushed her. What are the right steps to take after a rape or attack?
-The Prepared One

Dear Prepared One,
Knowing more information in case of emergencies is wise and absolutely does not invite something bad to happen to you or any of your friends. There is not one right way to respond to a terrible crisis like a sexual assault, but I will outline some steps that survivors often find useful. After an assault, a person should first find a way to safety. For example, call the police, find a loved one, put distance between yourself and your perpetrator. Next preserve any physical evidence, especially any on your body. This means try not to shower or change your clothes before going to the hospital. This way any evidence will be collected in a way that maximizes the chances for catching your perpetrator. If you must change, bring the unwashed clothes that you were wearing with you to the hospital. Even if you don't feel like you have any injuries or don't feel certain about whether you want to press charges on your perpetrator, a visit to the hospital for a SART (Sexual Assault Response Team) exam can give you access to tests for pregnancy or sexually transmitted diseases. SART exams are provided free so don't let cost be a barrier to these resources. After a sexual assault, you might have a lot of questions. Calling a hotline gives you a way to ask those questions, anonymously if that makes you feel more comfortable. Project Sister Family Services has a 24-hour hotline available for crises, a valuable resource to be aware of in case of an assault. The phone numbers are (909) 626 – HELP, (626) 966 – 4155, and (800) 656 – 4673 toll free. If you ever needed to go to the hospital or police station, an advocate from the hotline can meet you to provide support and helpful information during a time that can be confusing and overwhelming. Calling that or another hotline after an assault can help you get this information again in a time of crisis.

PSFS celebrate advocates at 2011 dinner



November 4, 2011 - Project Sister Family Services celebrated another year of service by our Volunteer Advocates. It has been a long-standing tradition to honor these individuals who selflessly give their time to victims of sexual assault.

The evening's program opened with heart-felt words from Camerina Schwartz, Volunteer Advocate for the past nine years and current Board President. Ms. Schwartz expressed gratitude on behalf of the Board of Directors, staff and sexual assault survivors for the passion and dedication exhibited by our Advocates 24 hours per day, 365 days per year. Recognition awards were presented to 76 Volunteer Advocates.



Georgina Martinez, Volunteer Coordinator, had this to say about the evening, "It was a truly delightful evening! The positive energy from all

those present was a great indication of the commitment there is for joining Project Sister Family Services in its mission to reduce the trauma and risk of sexual assault and child abuse."

This year's event was again held in Pitzer Auditorium at Pomona Valley Hospital Medical Center. The hospital graciously hosts this annual event and provides a sumptuous dining experience for our Volunteer Advocates and their guests.



make a difference!



For more information on becoming a certified sexual assault counselor, please call Georgina, 909-623-1619 or 626-966-4155

"The heart of a volunteer is not measured in size, but the depth of commitment to make a difference in the lives of others."
- DeAnn Hollis

Project Sister Family Services invites you to become a Volunteer Advocate for our 24-hour hotline services. Our hotline provides immediate confidential crisis assistance to adults and children who have been sexually assaulted. Our volunteer advocates receive a 42-hour training course.

Topics include:

- Crisis Intervention
- Psychological Aspects of Sexual Assault
- Criminal Justice
- Legal Procedures
- Law Enforcement

advocate recognition

Project Sister Family Services honors Natalie Wilson, our dedicated advocate of almost two years.



"Being an advocate has been one of the most amazing opportunities I have been given. Through the extensive training that PSFS provides, advocates are able to help a survivor with one of the most difficult experiences they may ever go through. As an advocate, I personally have been able to not only provide information but also be a source of strength for survivors and their families. Not only has Project Sister allowed me to be a source of support for these individuals, they have also given me the tools and information to speak out against sexual violence and child abuse. I am so grateful to be part of the Project Sister Family Services."

Thank you, Natalie. We are proud to have you as one of our volunteer advocates.

honor roll of donors

January 1, 2011 – December 31, 2011

We extend our heartfelt appreciation to all of the donors who supported our mission through their financial and in-kind donations. This list also includes the many donors who have generously donated for our Healing the Heart 2011 event. Thank you so much!

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honor roll of donors

January 1, 2011 – December 31, 2011

continued...

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*"Unless someone like you cares a whole awful lot,
nothing is going to get better. It's not."
-Dr. Seuss*

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In Memory Of:

Dr. Donna Mognett
By: Rita A. Kurth

Rachael Renee Chan
By: Sharon & George Orff

**All of us at Project Sister
Family Services are truly
grateful for the generous
support of our donors.
Thank you!**

Parents Corner: Responding to child sexual abuse

by Karyn Jones-Chudasama MFTI

There are so many feelings a parent or caregiver may experience after learning that a child they love has been a victim of sexual abuse. You are likely to feel angry, guilty, sad, and overwhelmed. In the midst of all of this, your child has significant needs to be met. Below are some key concepts to keep in mind for meeting your child's needs at this critical time:

Believe Don't blame Protect Support

Believe: One of the most important things you can provide for your child is to believe them. In most circumstances children do not lie about sexual abuse. It is not your primary role to investigate what your child has reported to you. If your child has opened up about an incident of sexual abuse, it took a lot of courage. What the child needs most is to be believed.

Don't Blame: Child sexual abuse is never the child's fault, but they often feel somehow responsible for what happened because of the way molesters often manipulate and threaten their victims. Child molesters are rarely strangers to a child. Most children are abused by someone they know and trust like a parent, step-parent, relative, friend, coach, religious leader, etc. Physical force is uncommon; generally a perpetrator uses actions like threats, bribes and subtle coercion to establish a relationship of power to mislead and manipulate a child. It may take a child a long time to feel safe enough or to gather the strength and courage to tell what has happened. The child needs your reassurance and support with positive messages like, "I know you couldn't stop it," or "I'm proud of you for telling."

Protect: Keep calm, and assure the child that they did the right thing by telling you and that you will protect her/him from further molestation. Child sexual abuse is a crime. Contact the police or Child Protective Services immediately to report the incident. They can help protect the child's safety and provide resources for further help. Arrange for a medical exam to assess any health concerns. A medical exam may also verify or provide important evidence to the investigation.

Support: Seek competent professional counseling, even if only for a short time. This applies not only to the victim, but perhaps to anyone members of the family that are affected by this event. It is important for the child's caregiver to take time to talk over your own feelings and concerns privately with someone you trust. Do not pressure your child to talk about what happened, but provide reassurance and support that she/he is okay and safe. Try to follow regular routines around the home as much as possible such as usual chores, bedtime, rules, etc. Respect your child's privacy. Be careful not to discuss the abuse in front of people who do not need to know what happened. It is important for them to feel free of stares, whispers, and comments of family, friends and neighbors.

Counseling services are available by calling our office for an appointment:
Project Sister Family Services (909) 623-1619/ (626) 915-2535/ (562) 789-6000

Proud Partnership with In-N-Out Burger

In-N-Out Burger not only provides the community with tasty treats, but has been helping abused and neglected children since 1984. This is the seventh consecutive year that In-N-Out Burger has awarded a grant to Project Sister Family Services to help fund our sexual assault crisis and prevention education programs for youth. We are very appreciative for the continuing support and confidence that In-N-Out has given to support our mission to reduce the trauma and risk of sexual assault and child abuse. The In-N-Out Burger Foundation was established in 1995 to support organizations that provide residential treatment, emergency shelter, foster care and early intervention for children in need. The principal purpose of the In-N-Out Burger Foundation is to assist children who have been victims of child abuse and prevent others from suffering a similar fate.



PSFS annual report for 2010-11

annual report 2010-11

Our mission is to reduce the trauma and risk of sexual violence and child abuse. Project Sister Family Services (PSFS) continues to pursue an aggressive, two-pronged approach to the problem of sexual assault and child abuse: providing services to those in crisis with extensive follow-up treatment, and specific sexual assault outreach and prevention education programs. By alleviating the devastating survivors to heal. PSFS prevention education programs empower people of all ages to avoid dangerous situations in the hope that they will never experience the trauma of sexual assault or child abuse. All services are provided in both English and Spanish. PSFS is the only, state-designated provider of sexual assault crisis and prevention services in our service area. **This year PSFS served a total of 34,486 residents of our 27-city service area located in the eastern portion of Los Angeles County and the western portion of San Bernardino County. We are pleased that an additional 14,860 individuals visited our web-site, www.projectsister.org, for a total of 21,478 visits.**

Sexual assault crisis intervention programs include:

24-hour HOT-LINE, offering immediate crisis assistance. *PSFS responded to 886 crisis hotline calls, 317 from kids under 18.*

Accompaniment/Advocacy, in which trained volunteers provide support and advice to survivors of sexual violence and child abuse at the hospital, police station, and during court appearances. *PSFS provided 199 hospital, court and/or police station accompaniments to survivors, 101 of whom were under the age of 18.*

Professional Counseling Services, available to female and male survivors, significant others, and non-offending family members. Our counseling services help survivors to overcome the traumatic effects of sexual violence and child abuse. *PSFS counselors served 249 individual clients (232 female and 17 male) with 3,102 hours of individual counseling.*

Counseling for Children who are survivors of sexual and other physical and/or emotional abuse. Our youngest clients attend counseling sessions that help them to heal, revolve their childhoods and regain the confidence to pursue happy and productive futures. Non-offending family members of sexually abused children are also treated, enabling them to support their children more effectively while managing their own anxieties. Parents of physically abused children are also provided with treatment, frequently giving PSFS counselors the opportunity to heal parents who have experienced abuse in their own lives. In this way, we make significant contribution toward ending a cycle of family violence that can persist for generations. *Of all individual counseling clients, 34% were under the age of 18.*

Support Groups, for adult and teen survivors of sexual assault and molestation. *PSFS provided 27 support group clients with 513 hours of group therapy sessions.*

Sexual assault outreach and prevention programs include:

Community Education Programs, provided for organizations at their request. *PSFS reached 4,689 unduplicated individuals through 44 community education presentations and health fairs.*

Senior Safety Program, in rape awareness and personal safety, provided to local senior centers and group residential settings. Seniors are taught safety measures that decrease their vulnerability to sexual assault, robbery, burglary, and financial exploitation. *PSFS served 759 individuals in 46 senior education programs.*

Adult Prevention Education, in rape awareness and personal safety, provided to residents of our service area. *PSFS served 901 individuals in 47 adult prevention education presentations.*

Young Adult Prevention Education, involving rape prevention programs for college students. Topics include date and acquaintance rape, personal safety and sexual harassment. *PSFS reached 131 unduplicated college students attended 20 presentations.*

Teen Prevention Education, involving rape prevention programs for junior and senior high school students. Topics include date and acquaintance rape, personal safety and sexual harassment. *PSFS reached 25,017 unduplicated teens attended 603 presentations.*

Young Child Education, a program in which children age 5 to 12 receive instruction focused on the difference between "good and bad" touch. They also learn to how to ask for help if they have been touched in a "bad" way. *This year 1,014 children participated in 12 presentations in school settings.*

Young Child Prevention Education Groups, include regularly meeting groups to discuss violence prevention curricula and healthy behaviors. *This year, 19 girls continuously attended 30 violence prevention workshops at Kingsley Elementary School; 9 continuous children attended 19 violence prevention groups at Barfield Elementary School; and 22 continuous children attended 24 violence prevention groups at Lopez Elementary School.*

Self-Defense Education, in which instructors teach self-defense and other personal safety skills. *This year 595 individuals learned self-protection skills through 45 self-defense presentations.*

PSFS annual statistics for 2010-11

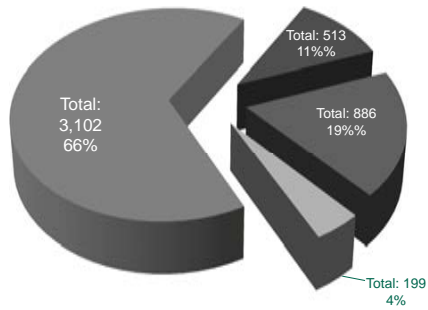


Figure 1
Crisis Intervention Services
 Total Number of Unduplicated Persons Served
 Hotline Calls 19%
 Hospital/Court/Police Accompaniments 4%
 Individual Counseling (3,102 Hours Total) 66%
 Group Counseling (513 Hours Total) 11%

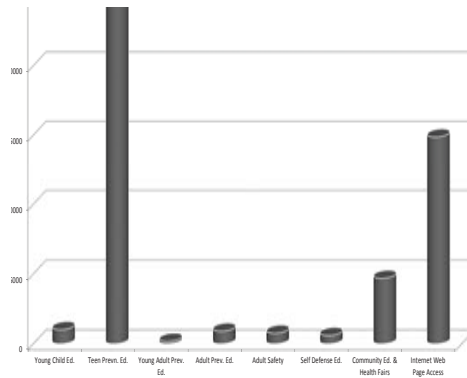


Figure 2
Prevention & Outreach Services
 Total Number of Unduplicated Persons Served
 Total Crisis Intervention Services: **1,361**
 Total Prevention & Outreach Services: **33,156**

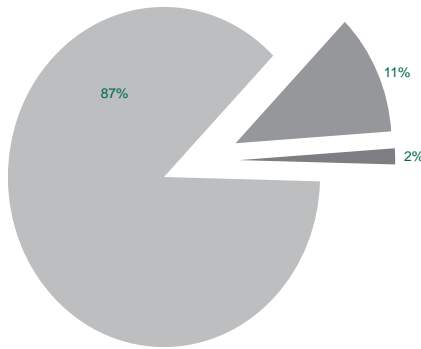


Figure 3
Expenses
 Program 87%
 Management 11%
 Fundraising 2%

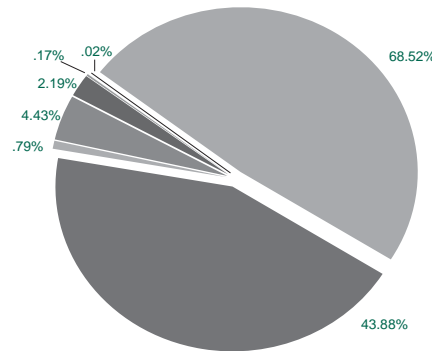


Figure 4
Revenue & Public Support
 Federal & State 43.88%
 City .79%
 Program Service Fees 4.43%
 Fundraising 2.19%
 United Way .17%
 Interest .02%
 Contributions 68.52%

mark your calendar

board of directors

- Camerina Schwartz**
President
- Ali Mosaver-Rahmani, Ed.D.**
Vice President
- Valerie McCartan**
Treasurer
- Barbara Salyer**
Secretary
- Charles W. Bader**
Renee Burgos
Reyes Luna
Debbi McFall
Christina Vera, J.D.

Management Staff

- Julie Boynton, L.C.S.W.**
Executive Director
- Dina Daleo, Psy.D.**
Clinical Director
- Georgina Martinez**
Hotline and SART Coordinator
- Crystal Maldonado**
Education & Outreach Coordinator

Newsletter Editors

- Linda Aguirre**
Carolyn Lawinski

PSFS calendar

- February**
 Teen Dating Violence Awareness Month
- April**
 Sexual Assault Awareness Month
 Children Abuse Awareness Month
- 14th 1:00-4:00 pm**
 Mother/daughter self-defense class. Please call the PSFS Prevention Department to register. (909) 623-1619
- 25th 3:00-6:00 pm**
 1st Annual Denim Day and Youth Anti-Violence Community Fair at the Pomona Civic Center Plaza.
- 28th 6:00-9:00 pm**
 12th Annual Healing the Heart Dinner & Silent Auction

Save the Date:
 April 28, 2012 is Project Sister's 12th Annual Healing the Heart fundraising event at Kellogg West Conference Center & Lodge, 3801 West Temple Avenue, Pomona, CA 91768. For more information, please contact Linda Aguirre at (909) 623-1619 or lguirre@projectsister.org (See pages 2 & 3 for details)

For more information on upcoming advocate training dates or for upcoming months not listed please visit us on our website: www.projectsister.org or call (909) 623-1619.

2012 volunteer advocate training

Note training dates in your calendar to avoid conflicts in scheduling. Full attendance is necessary to be certified as an advocate. Call as soon as possible to set up an interview appointment as spaces are limited. Be sure to submit your application 1 week before your interview.

Please call for details: 909 623-1619 or go to www.projectsister.org

Contact persons:
 Georgina Martinez, Hotline Coordinator
gmartinez@projectsister.org
 Lisette Gaeta, Hotline Assistant
hassistant@projectsister.org

Application is available on our website www.projectsister.org. A \$50 materials fee is due at the first session.

Spring 2012	Date	Time	Fall 2012	Date	Time		
Begins:	January 30	6 p.m. - 10 p.m.	Begins:	August 1	6 p.m. - 9 p.m.		
Attendance to all sessions required.	February 1	6 p.m. - 9 p.m.	Attendance to all sessions required.	August 6	6 p.m. - 10 p.m.		
	February 6	6 p.m. - 10 p.m.		August 8	6 p.m. - 9 p.m.		
	February 11	9 a.m. - 5 p.m.		August 13	6 p.m. - 10 p.m.		
	February 13	6 p.m. - 10 p.m.		August 18	9 a.m. - 5 p.m.		
	February 15	6 p.m. - 9 p.m.		August 20	6 p.m. - 10 p.m.		
	February 22	6 p.m. - 9 p.m.		August 22	6 p.m. - 9 p.m.		
	February 27	6 p.m. - 10 p.m.		August 27	6 p.m. - 10 p.m.		
	March 3	9 a.m. - 5 p.m.		August 29	6 p.m. - 9 p.m.		
	March 5	6 p.m. - 10 p.m.		September 5	6 p.m. - 9 p.m.		
	March 7	6 p.m. - 9 p.m.		September 8	9 a.m. - 5 p.m.		
	March 12	6 p.m. - 10 p.m.		September 10	6 p.m. - 10 p.m.		
	March 14	6 p.m. - 9 p.m.		September 12	6 p.m. - 9 p.m.		
	Ends:	March 19		6 p.m. - 10 p.m.	Ends:	September 17	6 p.m. - 10 p.m.

Project Sister is funded in part by the State of California Emergency Management Agency, California Department of Public Health, County of Los Angeles Department of Children and Family Services, County of San Bernardino Department of Behavioral Health, Inland Empire United Way and The Cities of Baldwin Park, Chino, Claremont, Montclair, Pomona, Rancho Cucamonga, San Dimas, and Whittier, foundations, corporations, service organizations and caring members of our community.